



Canada's 'crisis' of missing women

A senior UN official joins the call for a national inquiry into missing and murdered aboriginal PAGE 11 women

(EVER?) WANTS TO STAY STATIC

SINGER SAYS THE GOAL FOR HER NEXT ALBUM IS **CONTINUAL CHANGE**





Premiers Clark, Redford talk joint energy export plan

Gateway. Leaders scheduled to publicly discuss progress Nov. 5

British Columbia Premier Christy Clark and Alberta's Alison Redford have appointed a team of senior bureaucrats to develop an energy export plan, barely a year after a highprofile disagreement over the proposed Northern Gateway pipeline strained the two leaders' relationship.

Clark and Redford are

scheduled to publicly discuss the progress of the joint energy plan on Nov. 5 in Vancouver following the Alberta premier's address to the city's Board of Trade. A final report is due on Dec. 31.

The premiers are attempting to move past their very public clash over the Northern Gateway pipeline, which was the subject of a meeting in Calgary last October that Clark later described as "frosty.

Clark had insisted the project must meet a series of conditions, including strict environmental standards and assurances that B.C. would receive a "fair share" of the economic benefits, to win her approval, which prompted Redford to suggest Clark was attempting to pick Alberta's pockets. But a joint statement issued Tuesday was the latest sign that relations between the two premiers are warming.

The Alberta-B.C. working group has been given a mandate to share information, collaborate on policy and address federal gaps on energy issues.

THE CANADIAN PRESS







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The Edmonton Oilers' David Perron collides with the Pittsburgh Penguins' Brooks Orpik, knocking the stick out of the hand of Penguins goalie Marc-Andre Fleury, during first-period action in Pittsburgh on Tuesday. See coverage, page 26. Gene J. Puskar/the associated press









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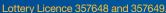
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Illness

Two more penguins die at Calgary Zoo

Two more penguins have died of unrelated illnesses at the Calgary Zoo, and veterinarians are taking precautions with at least nine more tuxedo-clad birds bound for the facility.

The zoo announced Akemi, a three-year-old Gentoo penguin, died of heart failure Monday related to avian malaria.

Zoo officials classified the infection as the "second biggest killer of penguins in captivity," and noted it's the first such case in this part of North America.

Dr. Doug Whiteside, a senior veterinarian, said a wet summer and June's historic floods likely exposed the animals to more mosquitoes carrying the parasite.

Two Humboldt penguins died in August, and Whiteside suggested the cases may be linked as they all shared the same outdoor exhibit.

In a separate incident, Eduardo, a three-and-a-halfyear-old male Humboldt penguin, died Sunday of aspergillosis, a fungal infection of the respiratory system.

The infection is one of the most common causes of death in both captive and wild penguins. However, the flood that swamped the riverside facility may have also played a role in that case.

"With the floods we had in Calgary we certainly know that the fungal load all around Calgary has increased," Whiteside said.

"That's probably why we're seeing outbreaks. BRYAN WEISMILLER/METRO



New tracking tool for ETS riders

Transit. ETS launches real-time digital departure signs at two busy transit centres

Transit riders using the U of A or West Edmonton Mall transit centres may have noticed the new bus tracking tool made available Tuesday.

The ETS Live departures signs display real-time departures for buses on routes 111 and 128, and scheduled times for other routes operating out of these busy ter-

"We chose these routes

because they serve post-secondary institutions and operate out of a single garage. It simplified the launch," said ETS director of technology and information management, Lorna Stewart.

Using Smart Bus GPS technology, ETS will track drivers in real-time en route, and refresh departures signs every 30 seconds. Those same details will be available on the ETS Live Bus Finder mobile feature in a few weeks, according to Stewart.

"I use this bus stop for work and shopping. It'll be a lot easier than digging through my purse for my cell phone," said regular rider,

Jennifer Ball, upon noticing the departures sign.

"I don't usually have my cell phone on me, so I like this," said frequent ETS user Michelle Bruno.

Stewart said depending on how many new buses with Smart Bus technology come into the fleet in coming months, the service may expand to include route 7 this winter. In the meantime, ETS is asking for customer feedback on the initial two departures boards.

"It's phase one for ETS Live. We're giving these boards a try - if we get a good response we'll look at expanding their use,"

- Busier routes, like 8 and 9, aren't scheduled to be included in the launch of ETS Live, but LRT stations already make use of similar technology.
- Using four lines of text, the digital boards display date and time and bythe-minute countdown for departure of Smart Bus routes 111 and 128.

said Stewart. LUCY HAINES/FOR METRO

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metronews.ca Wednesday, October 16, 2013

Diotte: The people have spoken and I'm on their side

Week away. Mayoral candidate says other contenders have ignored important issues like state of roads, rising taxes and arena deal



RYAN TUMILTY ryan.tumilty@metronew

With less than a week to go, Kerry Diotte isn't paying attention to donor lists, polls or any other part of this mayoral horse race.

Diotte insists he will be the winner next Monday night, because he has aligned himself with what the people are looking for and what they are telling him at the doorsteps.

"We are representing the agenda of Edmontonians," he said during an editorial board meeting with Metro Tuesday.

He said while doorknocking, residents have consistently told him about the poor state of the city's roads, the pain of rising taxes and the arena deal.

"Those are the issues. I don't need to do a poll," said Diotte.

He said the other major candidates in the race were ignoring those issues and talking about grand visions instead.

"Their agendas are not Edmontonians' agendas. They are not. They have their own," he said.

He said he has become more aggressive with his opponents in the last week, because he believes they are moving onto his turf.

"I am concerned that they are trying to take over some of the issues that we've owned," he said, noting debt and roads as the primary targets.

Diotte said when he decided to run for mayor it was because he didn't think

he could change the city from his council seat.

"I was an outsider in the last council and I just thought, 'I can't do this,'" he said. "I decided I am either going to be the leader or I'm not coming back to a city council where their agenda is to keep hiking taxes."

He said he had motions to reduce printing costs and reduce the number of consultants the city hires, as well as proposing smaller increases to the police budget, but he didn't have support from fellow councillors.

Diotte said he hasn't identified a specific project or programs the city would have to cut, because he thinks that is a decision of council.

If he's elected next week, Diotte believes it will be on a tide of public sentiment that other councillors will have to take note of and respect his move towards a leaner city.

He said he hasn't even considered what will happen next if he isn't elected.

"The public wants a different direction. I have to stand up for what they want. I have to be all in," he said.



Mayoral candidate Kerry Diotte, seen here during an editorial board meeting at the Metro Edmonton offices Tuesday believes he's on side with the agenda of Edmontonians. DARREN KRAUSE/METRO

Shared vision

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Kerry Diotte





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WestJet Vacations Sale: *Book by October 17, 2013 [11:59 p.m. MT]. Round-trip from Edmonton. Other departure cities and dates available for travel from October 26, 2013 - February 7, 2014, prices may be higher. Blackout dates from November 7-12, 2013 & December 17, 2013 – January 6, 2014. Price is per quest, based on double occupancy unless otherwise specified. Limited quantities available. Advertised fares are based on non-stop flights. Sale on vacation packages varies by destination and travel date. Sale on vacation packages are discounted by a reduction in the price of the air component of the package. Taxes and fees not included. Taxes for U.S and Mexico destinations can fluctuate based on exchange rate. Fuel surcharge between \$44 - \$90 round-trip still applies to Air Miles™ redemption bookings. Transfers not included unless otherwise specified. Advance booking required. Non-refundable. Offer limited and subject to availability. Price is accurate at time of printing deadline. New bookings only. Visit westjetvacations.com/seat-sale for full seat sale details

Police prostitution sting. Allen offered plea deal

An Alberta politician who was on government business in Minnesota when he was charged following a police prostitution sting has been offered a plea deal.

But Mike Allen's lawyer, Dave Risk, says his client won't even consider the offer until more details in the case are released at his next court hearing, set for Nov. 13 in St. Paul, Minn.

The 51-year-old member of the legislature for Fort Mc-Murray-Wood Buffalo resigned



from Premier Alison Redford's Progressive Conservative caucus immediately after the arrest and now sits as an Independent.

Okotoks. Police charge man after food, supplies intended for flood victims are stolen

RCMP in southern Alberta have charged a man with stealing food intended for victims of last spring's flooding.

Mounties say the Okotoks

detachment was advised late last month that someone had been taking supplies from a relief community in High River one of the most seriously damaged communities.

Investigators searched a man's home and found a sig-

Charges

Devin Gillingham, who is 24, has been charged with theft under \$5,000 and unsafe storage of a

nificant amount of food and other supplies. THE CANADIAN PRESS

EPL's historical books distributed around city

Just Getting Started.

Books to be tracked using hashtags

STEPHANIE DUBOIS

stenhanie duhois@metronews.ca

It has a red cover, it's free and it's travelling around Edmonton. Social media hashtags are being used to track the travels of 17 copies of Just Getting Started: Edmonton Public Library's First 100 Years, 1913-2013 as the books are dropped off in various locations around the city.

The book highlights the first century of the Edmonton Public Library (EPL) and welcomes readers to leave comments in both the back of the book but also via social media.

"It's just a fun way to share the word about this book, which is about the first 100 years of the Edmonton Public Library. We're hoping that Edmontonians get on board and have fun with it," said Richard Thornley, manager of Stanley A. Milner library.

The history of the library's more racy collection is just one

The historical book is 312 pages long and there are 17 copies distributed around

of the chapters highlighted in local author Todd Babiak's

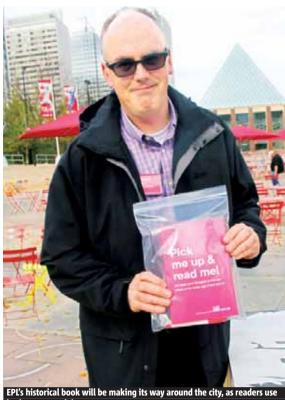
resident Houssein Kayad was the first to borrow the Churchill Square edition, saying he was interested in learning more about one of his favourite city facilities.

"I want to know more about it," he said.

The online and book comments collected from readers of the 312-page book will be tallied by library staff in mid-November, when all of the books are collected. The comments will be shared at a later date.

"We wanted as many people to have access to the book as possible. We're all about sharing and we figured if we couldn't share a free copy of our own history, what could we share?" said Thornley.

The book can be found at any of the city's libraries or can be downloaded at epl.ca.



hashtags to track it. STEPHANIE DUBOIS/METRO

Candidates keeping signs in check

Every election season brings with it a barrage of signs and a barrage of complaints about them, but some candidates have decided to keep their name in private property only.

Nita Jalkanen, running in Ward 2, said she believes election signs represent an old kind of campaigning.

"I would like to think vot-

ers are a little bit more savvy or sophisticated today and are ready for some refreshing change in our political representatives, including our campaigns," she said.

Jalkanen said she is focused on door knocking during her campaign and when people have asked, she has put campaign signs on their property.

Ed Gibbons, the incumbent in Ward 4, said he has kept 95 per cent of his signs on private property. He said signs on private property show voter intent and real support.

"It shows that basically people are voting for me. On public property all it is, is a blight," he said.

RYAN TUMILTY/METRO



ome candidates are limiting their signs to front yards only.



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2007 Jeep Grand Cerokee

Överland

Auto leather sunroof navigation DVD one

owner only 45000kms. L300371A

2011 Buick Enclave CXL AWD

Auto leather 7 passenger heated seats

sunroof one owner. L300821A

2013 Lexus IS250 AWD

Auto, leather, sunroof, pw, pl, only 6800kms. LUB064A

2009 Lexus ES350

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2012 Toyota Rav 4 4WD

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metronews.ca
Wednesday, October 16, 2013

Nothing funny about this cast of comedians

They're the real deal.

Third annual Comedy Festival gathers over two dozen top jokers

LUCY HAINES

edmonton@metronews.c

From Oct. 16 to 19, venues across the city will feature top-drawing headliners, local up-and-comers, YouTube sensations and even kid-focused funny folk for an annual comedy festival of late-night laugh sessions, cabarets and even a gala or two.

"Edmontonians may not realize how good this lineup is," said festival producer and stand-up comedy veteran Andrew Grose, pointing to headliners like SNL's Tim Meadows and Canadian favourite Sean Cullen.

"But they also don't realize what a good audience they are. We don't take ourselves too seriously here; it makes for a fabulous crowd."

Friday and Saturday night gala events, with names like John Wing. Big Daddy Tazz and Julie Kim, will run at the Paramount Theatre on Jasper Avenue — a change from the Citadel as a key venue.

"The theatre has a good vibe; it feels right. And insider's tip: Go to the Paramount shows," said festival president Graham Neil, who will host two other events and try out his own material.

"My comedy credits aren't enough to get into a festival, so I had to make my own."

Neil also coordinated a

Neil also co-ordinated a free Saturday afternoon kid's show, an amateur contest and Yuks stop here

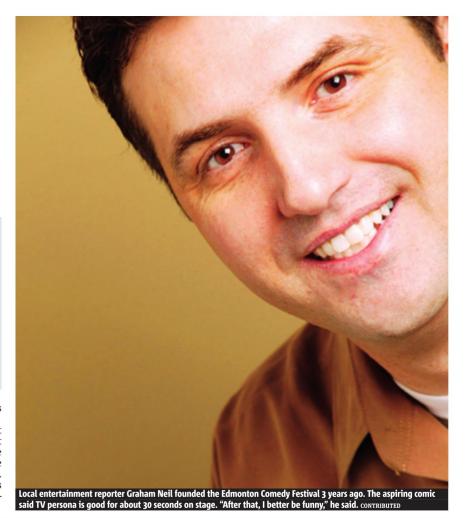
Festival shows run at the Paramount Theatre, the Ledcor Theatre in the Art Gallery, Yellowhead Casino, Four Points by Sheraton and The Westin.

 The Young Guns amateur competition features headliner Atomic Improv, host Lars Callieou and free admission at The Ranch

a workshop for those curious about stand-up comedy.

"Helping develop talent and reward it — that's part of our celebration too. We're looking at what footprint we make on the city," said Grose.

Find the full slate of shows and ticket availability at atb-comedy.com.





Your blouse is torn, not trash

Ripped jeans and missing shirt buttons will be a fashion trend of the past after volunteers come together to mend damaged goods.

Aimed at decreasing the amount of clothing bound for the landfill, the second Edmonton Repairathon on Oct. 27 will help members of the public fix any minor clothing repairs, such as hemming or fixing zippers,

all for free

"We're just wanting to help as many people as we can," explained Kate Spencer, co-ordinator of the event.

The event sprang from a desire to teach people how to maintain their clothing and be more eco-friendly.

and be more eco-friendly.

The Repairathon idea started in Toronto and eventually made its way west, said organizers. The first Re-

Koon it down

233

The Edmonton Waste Management Centre spans 233 hectares.

pairathon was held only for family and friends as a warmup to this month's event.

"We had a lot of fun at the

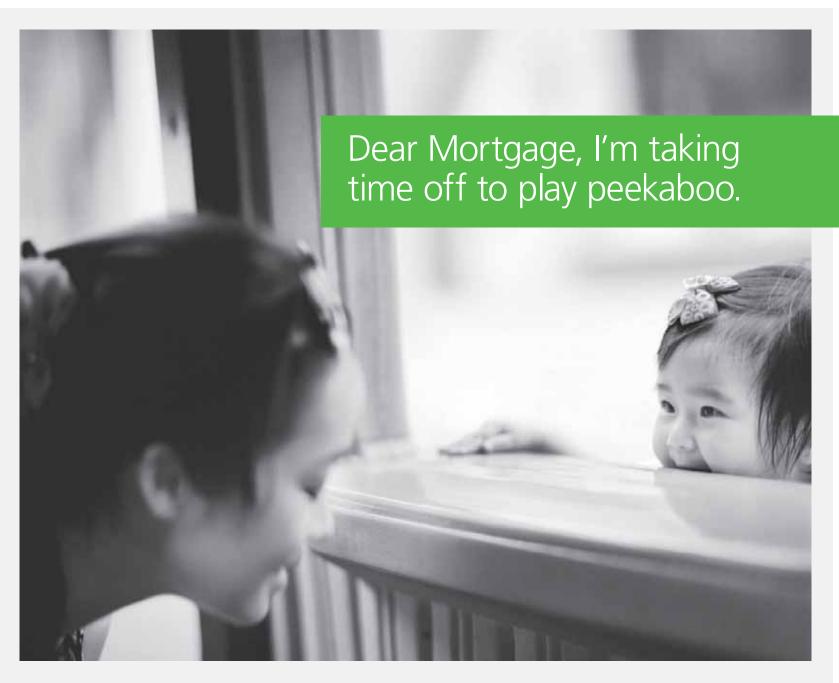
last one. Really (it's about) the ability to help people and make a difference," said Spencer.

People can bring their clean, damaged clothes to Abby Road Co-op at 10950 82nd Avenue from 2 to 4 p.m. on Oct. 27.

For more information, visit the Edmonton Repairathon Facebook page.

STEPHANIE DUBOIS/METRO

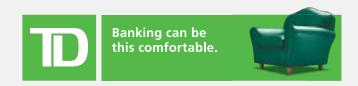




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metronews.ca Wednesday, October 16, 2013



Quake damages roads and bridges; rescue difficult

Death toll rises. The Philippine archipelago is in the Pacific 'Ring of Fire', where quakes are common

The death toll from a 7.2-magnitude earthquake that struck the central Philippine island of Bohol on Tuesday rose to 93, as rescuers struggled to reach patients in a collapsed hospital. Centuries-old stone

Fears of a tsunami

"We hugged trees because the tremors were so strong."

Vilma Yorong, a government employee in Bohol. Yorong ran up a mountain, afraid a tsunami would follow, but one did not occur.

churches crumbled and wide areas were without power.

The quake struck at 8:12 a.m. and was centred about 33 km below Carmen city,

where many small buildings collapsed.

Many roads and bridges were reported damaged, making rescue operations difficult. Historic churches dating from the Spanish colonial period were badly damaged. Among them the 16th-century Basilica of the Holy Child in Cebu, which lost its bell tower. The highest number of dead — 18 — was in Loon, west of Carmen where patients were trapped in a hospital. THE ASSOCIATED PRESS

Tinderbox Egypt. Security tightened during Muslim holiday

Tanks stood at intersections and roadblocks cut main thoroughfares in Egypt on Tuesday, as authorities tightened security during the annual Muslim Eid al-Adha holiday amid continued deadlock between supporters of the ousted Islamist president and the military-backed interim government.

Troops sealed off Cairo's central Tahrir Square with rows of armoured vehicles

and barbed wire, hoping to thwart any new attempt by supporters of Mohammed Morsi to enter. In recent weeks, they have tried to storm the plaza, the birthplace of the 2011 uprising that forced Hosni Mubarak out. Authorities have warned pro-Morsi protesters against entering Tahrir. Government has launched a major crackdown on the Muslim Brotherhood. THE ASSOCIATED PRESS

Ethnic Russian tensions

276 protesters detained

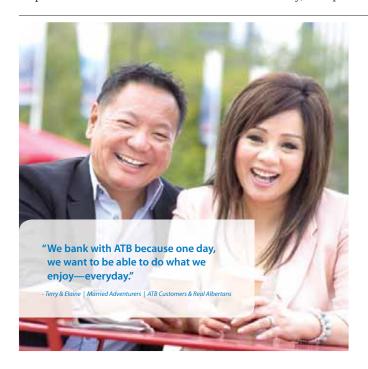
Moscow police on Tuesday detained 276 people who were protesting the stabbing death of an ethnic Russian man. Authorities said a suspect had been arrested. The killing has raised tensions between ethnic Russians and natives of the predominantly Muslim Caucasus, many of whom have migrated to big cities. The suspect is from the Caucuses nation of Azerbaijan.

THE ASSOCIATED PRESS



Muslims observe Feast of the Sacrifice

An elderly Bosnian Muslim prays outdoors on the outskirts of Sarajevo on Tuesday. Millions of Muslims around the world are celebrating Eid al-Adha or "Feast of the Sacrifice", which marks the end of the annual hajj or pilgrimage to Mecca and celebrates Abraham's readiness to sacrifice his son to God. AMEL EMRIC/THE ASSOCIATED PRESS



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Feds failing missing women: UN official

Disappearances of aboriginal women.

Feds have so far refused to entertain the idea of an inquiry

federal government should set up a national in-quiry into the "disturbing phenomenon" of missing and

murdered aboriginal women, a senior UN rights official said Tuesday.

James Anaya, the UN special rapporteur on the rights of indigenous peoples, has spent the last nine days touring the country, talking to aboriginals and both federal and provincial government

And while governments across Canada have pledged

"Canada faces a crisis when it comes to the situation of indigenous peoples of the country."

James Anaya, the UN special rapporteur,

a number of steps to deal with the problem of missing aboriginal women, it's not enough, Anaya said in Ottawa as he wrapped up his visit.

There has been strong pressure from aboriginal groups and some provinces for an inquiry into the disappearances. The Women's Association of Canada estimates there have been more than 600 such cases in the last 20 years. THE CANADIAN PRESS



San Diego scandal

Ex-mayor pleads quilty to battery, false imprisonment

Former San Diego Mayor Bob Filner pleaded guilty Tuesday to charges involving unwanted physical contact with three women at public events under an agreement that calls for three months of home confinement and three years of probation.

Filner resigned in August after women came forward with accounts of sexual harassment.

One false imprisonment count involved a woman restrained against her will at a fundraiser. Two counts of battery involved a woman who was kissed without permission and a woman whose buttocks were grabbed.

THE ASSOCIATED PRESS

Florida suicide

Two girls charged in cyber-bullying of 12-year-old

Two girls have been arrested in the death of a 12-year-old central Florida girl who authorities say committed suicide after being bullied online by several girls for nearly a year, a sheriff said Tuesday. The girls, ages 12 and 14, have been charged with felony aggravated stalking, says the Polk County Sheriff's Office.

Authorities say Rebecca Sedwick, on Sept. 9, climbed a tower at an abandoned concrete plant and hurled herself to her death. The bullying began over a "boyfriend issue," and Rebecca had become depressed, Sheriff Grady Judd said.

THE ASSOCIATED PRESS

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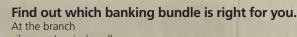


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Miriam Carey laid to rest

Amy Carey-Jones leaves the funeral chapel after a service for her sister, Miriam Carey, in the Brooklyn borough of New York, Tuesday. Miriam was shot to death by police after trying to ram her vehicle through a White House barrier. The dental hygienist from Stamford, Conn., is survived by her one-year-old daughter, who was in the vehicle during the Oct. 3 car chase through the streets of Washington. Carey had been diagnosed with postpartum depression and psychosis. Authorities say she believed U.S. President Barack Obama was monitoring her electronically. SETH WENIG/THE ASSOCIATED PRESS





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metronews.ca Wednesday, October 16, 2013

Playing a game of thrones

In a speech from the throne Wednesday, the Tories will be driving ahead with their jobs and tough-on-crime agendas while steering slightly to the left to pick up passengers on the social and consumer-issues track. Several consumer-friendly measures are aimed at turning the attention of voters away from the Senate spending controversy.

THE CANADIAN PRESS

Relief ahead for cable, satellite TV subscribers?

The sales pitch will include measures directed at alleviating consumer irritants, such as a plan to force cable and satellite TV providers to adopt a pick-and-pay





The friendly skies could get even friendlier

The Tories also hope voters will appreciate moves to create an airline-passenger bill of rights, designed to compensate people who are inconvenienced when air carriers overbook flights.

Reining in those roaming fees

There will also likely be references to increasing competition in the wireless sector and to capping roaming fees.

"We think roaming fees have

"We think roaming fees have been a long-standing concern for not only consumers but for competition within the telecom sector," Industry Minister James Moore said.





Will #thronespeech be a trending topic?

The Conservatives already have a website and Twitter hashtag set up to bring Canadians highlights from the throne speech under the banner "Seizing Canada's Moment — Security and Prosperity in an Uncertain World."

Trudeau: You can't trust the Tories

The opposition is sure to take advantage of the optics. The Tories, says Liberal Leader Justin Trudeau, cannot be trusted to do any of the things they'll promise in the speech.

"You asked for open and honest government,"
Trudeau says in a video message posted on the party's website.
"Instead, you're getting secrecy, distrust and scandal."



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Ontario-born Eleanor Catton wins Booker Prize

The Luminaries. Catton becomes the youngest writer to win the award, for her ambitious, epic 19th-century gold-rush murder mystery

Youth and heft triumphed at the Booker Prize on Tuesday, as 28-year-old Ontario-born, New Zealand-based author Eleanor Catton won the fiction award for The Luminaries, an ambitious 832-page murder mystery set during the 19th-century. The choice should give

The choice should give heart to young authors of oversized tales. Catton is the youngest writer to win the prestigious award — and her novel is easily the longest Booker champion.

In her acceptance speech,



Eleanor Catton holds her prize and her book in London, U.K., Tuesday.

she thanked her editors, her agent and her publishers for not putting pressure on her while writing her novel.

"I was free, throughout, to

concern myself with questions not of value but of worth. This is all the more incredible to me, because The Luminaries is and was ... a publisher's nightmare," she said.

"The shape and form of the book made certain kinds of editorial suggestions not only mathematically impossible but — even more egregious — astrologically impossible."

Catton had been bookmakers' joint favourite among the six prize finalists, alongside British novellist Jim Crace, for his rural parable The Harvest.

Catton received her trophy, which comes with a 50,000-pound (\$83,000) cheque, from Camilla, the Duchess of Cornwall, during a dinner ceremony at London's medieval Guildhall.

THE ASSOCIATED PRESS



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metronews.ca Wednesday, October 16, 2013

Schwarzenegger offends

Arab moviegoers left looking for Escape Plan

Moviegoers in the United Arab Emirates saw the screen turn black as frazzled officials broke up the screening of Sylvester Stallone and Arnold Schwarzenegger's latest action flick after a character was heard cursing in Arabic in the movie.

The National, a state-backed newspaper, reported Monday that the Dubai Media Council asked theatres in the Emirates to halt the screening of the Escape Plan.

Authorities quickly censored the profane words out of the film, and the revised version was back in theatres within hours.

THE ASSOCIATED PRESS

Protest erupts in Italy

Nazi war criminal's funeral called off

The bitterly protested funeral of Nazi war criminal Erich Priebke was called off hours after it was to have taken place Tuesday by his lawyer, who said police prevented friends and family members from attending amid a noisy protest against the planned religious ceremony.

Shouting "murderer" and

"executioner," hundreds of people jeered as Priebke's coffin arrived for the funeral mass to be celebrated by a splinter Catholic group opposed to the Vatican's outreach to Jews. Protesters even heckled a priest arriving at the gates, yelling, "Shame."

But Priebke's lawyer said the funeral did not take place "because authorities did not allow people to enter who wanted to come in."

THE ASSOCIATED PRESS

Gigantic oarfish a rare find

The legend continues.

According to research institute, the discovery is the longest bony fish in the world

A marine science instructor snorkelling off the Southern California coast spotted something out of a fantasy novel: The silvery carcass of an 18-footlong (five-metre-long), serpentlike oarfish.

Jasmine Santana of the Catalina Island Marine Institute needed more than 15 helpers to drag the giant sea creature to shore on Sunday.

Staffers at the institute are calling it the discovery of a lifetime.

"We've never seen a fish this big," said Mark Waddington, senior captain of the Tole Mour, CIMI's sail training ship. "The last oarfish we saw was three feet long."

Because oarfish dive more than 3,000 feet (914 metres) deep, sightings of the creatures are rare and they are largely unstudied, according to CIMI.

The obscure fish apparently died of natural causes. Tissue samples and video footage were sent to be studied by biologists

omething is fishy



- The carcass was on display Tuesday for students studying at CIMI.
- It will be buried in the sand until it decomposes and then its skeleton will be reconstituted for display.

at the University of California, Santa Barbara.

Santana spotted something shimmering about 30 feet (nine metres) deep while snorkelling during a staff trip in Toyon Bay at Santa Catalina Island.

"She said, 'I have to drag this thing out of here or nobody will believe me,'" Waddington said.

After she dragged the carcass by the tail for more than 75 feet (23 metres), staffers waded in and helped her bring it to shore. THE ASSOCIATED PRESS





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Influenza Immunization FALL INTO THE ROUTINE

Alberta's Annual Influenza Immunization Program begins October 21st. Influenza Immunization will be offered, free of charge, to all Albertans six months of age and older.

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Days:	Time:	Location:
Mondays to Thursdays	9:00 AM - 8:00 PM	Bonnie Doon Shopping Centre, 8330, 82 Avenue NW
Fridays & Saturdays	9:00 AM - 4:30 PM	Edmonton
Mondays to Thursdays	9:00 AM - 8:00 PM	Foot Edmonton Hoolth Control 7010, 112 Avenue Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	East Edmonton Health Centre, 7910, 112 Avenue, Edmonton
Mondays to Thursdays	9:00 AM - 8:00 PM	Martiald Common 240 Martiald Common Edmanton
Fridays & Saturdays	9:00 AM - 4:30 PM	Mayfield Common, 340 Mayfield Common, Edmonton
Mondays to Thursdays	9:00 AM - 8:00 PM	Millbourne Market Mall, 7609, 38 Avenue, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	Willibourne Market Mail, 7009, 38 Avenue, Editionton
Mondays to Thursdays	9:00 AM - 8:00 PM	Northgate Health Centre, 2020, 9499 137 Avenue, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	Nottingate Health Centre, 2020, 9499 137 Avenue, Editionton
Mondays to Thursdays	9:00 AM - 8:00 PM	Riverbend Square, 740 Riverbend Road, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	Riverbend Square, 740 Riverbend Road, Editionton
Mondays to Thursdays	9:00 AM - 8:00 PM	Westmount Mall (Woodcroft Public Health Centre)
Fridays & Saturdays	9:00 AM - 4:30 PM	448, 13336 114 Avenue, Edmonton
Mondays to Thursdays	9:00 AM - 8:00 PM	Strathcona County Health Centre, 2 Brower Drive
Fridays & Saturdays	9:00 AM - 4:30 PM	Sherwood Park
Mondays to Thursdays	9:00 AM - 8:00 PM	Grandin Park Plaza Mall, 22 Sir Winston Churchill Avenue
Fridays & Saturdays	9:00 AM - 4:30 PM	St. Albert

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For more info, including local clinic details, visit www.albertahealthservices.ca or call Health Link Alberta at 1.866.408.5465 (LINK).



With all your might!

Japanese Shrine Parishioners of Usazaki shrine carry their Yatai (portable shrine) during a parade as part of the Nada No Kenka Matsuri (Nada Fight Festival) at Matsubara on Tuesday in Himeji, Japan. Each Yatai weighs approximately two tonnes. The parade is the highlight of the shrine's Autumn Harvest Festival and attracts roughly 100,000 people. Buddhika Weersaingeregetty IMAGES

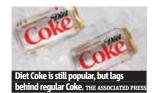
metronews.ca Wednesday, October 16, 2013 **BUSINESS**

Still No. 2. Diet Coke sales fizzle as concerns over artificial sweetener pop up

Diet Coke, the country's No. 2 soda, may be losing some of its pop.

During a conference call with analysts Tuesday, a Coca-Cola executive noted that Diet Coke was "under a bit of pressure" because of people's concerns over its ingredients, alluding to the growing wariness of artificial sweeteners in recent years.

Steve Cahillane, who heads Coca-Cola's North American and Latin American business, noted that the issue wasn't specific to Diet Coke, but that many



diet foods and drinks in the U.S. are facing the same con-

The drink remains the No. 2 soda in the U.S., but the company still sells twice as much regular Coke as Diet

THE ASSOCIATED PRESS

Market Minute



Natural gas: \$3.842 US (+2.2¢) **Dow Jones:** 15,168.01 (-133.25)

12,931.46 (+39.35)



\$101.21 US (-\$1.20)



GOLD \$1,273.20 US (-\$3.40)

One more reason to go for that popcorn at the movies

IMAGE: METRO WORLD NEWS

Get those M&M's too.

'Oral interference'. from chomping to chatting, blunts the power of promos, a new study finds



KIERON MONKS World News in London

Eating popcorn makes you insensitive to advertising in cinemas, as "oral interference" disrupts our ability to learn brand names, claim researchers at the University of Cologne. Test groups who had been eating remembered nothing compared to a group who had not, said study author Dr. Sascha Topolinski, who enlightened us further.

Please explain this mysterious process.

The mouth automatically generates sub-vocal speech when we encounter novel names, which is how a brands embeds itself. But if you are eating something, your mouth cannot train with the word. In our case it was popcorn.

So if my mouth does the remembering, why am I so bad with names?

My last name is difficult so I understand, but people who are bad with names often are suffering interference. Try to keep your mouth free in future.

Can I ignore advertising everywhere by chewing at the right

It could work - say by chewing gum to avoid TV commercials and Internet banners. Our subjects quite enjoyed the cinema adverts without being able to remember anything about foods? that effect.

So it works with all

Yes and by vocal interaction like chatting, even smoking a cigarette would have

Are you worried that advertisers might kill you?

Well, our research is only about new brands so Apple and Burger King are already in your brain. One solution could be that cinemas only sell snacks after the adverts. That would please everyone.

Too much risk, U.K. bank set to cut ties with Somali money transfer company

A British bank could soon be cutting a financial lifeline for millions of Somalis.

Barclays is poised to sever its ties to Dahabshiil, one of the Somali expatriate community's biggest money transfer services, as part of a larger reorganization of its business. Barring a successful last-minute court challenge, experts say the move will jeopardize 100 million pounds (\$160 million US) worth of payments made from the U.K. each year.

Barclays' move, part of an industry-wide effort to insulate banks from the risks associated with money-laundering

ಜ'Edmonton Ski & ವ¦Snowboard Show

Winter Sport Equipment Sale

Fraser Institute

Pipelines safer than rail or truck for workers: Report

A report by the Fraser Institute says pipeline is by far the safest way to transport oil for workers.

Using data from the U.S. the study found the rates of injury requiring hospitalization were 30 times lower among pipeline workers than rail workers involved in shipping oil.

THE CANADIAN PRESS

Like sardines in a can

Plane passengers feel the squeeze

It's not your imagination. There really is tighter quarters on many planes these

The big U.S. airlines are taking out old, bulky seats in favour of socalled slimline models that take up less space from front to back, allowing for five or six more seats on each





and corruption, could force Dahabshiil to stop executing transfers between individuals within days. A court ruling had been expected Tuesday but was delayed because arguments ran late. THE ASSOCIATED PRESS



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metronews.ca Wednesday, October 16, 2013 metr⊕ **VOICES**

FLYING SOMEWHERE? TAKE A SEAT

here that I could finally relax and enjoy the

tle of water has made me require use of the

facilities. Unfortunately, we are now under

the strict regime of air transit regulations,

journey, only now I am starving and that bot-

I am told there was a time when "flying the friendly skies" was a luxurious experience. That, of course, was before the skies became just a little less neighbourly.

Now, every time I travel, I have to head to the airport three hours early so that I have time to check my luggage, completely disrobe for security, have them confiscate half of my toiletries, then be told that my carryon can't be carried on because I recklessly included a pair of tweezers, which nowadays, is tantamount to a weapon of mass destruction.

I then have to gather all of my personal belongings, get dressed all over again, wait in line to buy a\$12 bottle of water, because apparently it's OK to have one, just not to

carry your reasonably-priced one past the checkpoint. Then I head to the gate for boarding. Theoretically, it would be



Mike Benhaim

meaning that first I have to undergo a training seminar on seat-belt fastening and proper employment of oxygen masks that we faithfully assume will reveal themselves in the event of a shift in cabin pressure. Then, once finally liberated from our shackles by a light and faint Pavlovian bell, I find myself behind every weak-bladdered and nervousstomached traveller for a chance to approach the majestic lavatory. When I finally emerge, metronews.ca the refreshment cart has passed me by,

which is just as well because, while they do sell food you don't want at prices it isn't worth, they no longer accept cash

anyway. Only Visa and perhaps Amex, but as luck would have it, I only brought my MasterCard.

Now, I may be frustrated, hungry, and cranky, but I would never think to take it out on any of the flight crew. After all, they're just doing their job, and even if they weren't, any loss of composure could get me Tasered by an air marshal and/or put on the no-fly list, which in addition to complicating future travel, would really make it hard to get back home.

That said, I take comfort in the fact that the Security Authority's ever-growing roster of ordinances, while occasionally misguided, are intended toward the honourable purpose of keeping us all safe and sound. Then, just over a week ago, a nine-year-old kid with no ticket, no money, and no adult supervision manages to hop on a flight to Vegas.

Now, I find myself compelled to rethink.

Mike Benhaim is filling in for Paul Sullivan, who will return next week.



If the rise and consequent fall of the scrapbooking trend has your organized, creative side feeling unfulfilled, you'll be happy to hear the trend is back. Only this time it requires

no pinking scissors and fewer jagged edges to clean up.



Lets you choose your own layout, theme, etc., and easily integrates with Facebook to let you share your creation with your pals

Mixbook:

More of a photo book than scrapbook really, but Mixbook lets you design and

order a personalized scrapbook.

Keepy:

For parents who want to keep all of their kids' drawings, report cards and scribbled art projects, Keepy lets you upload and annotate each keepsake vithout cluttering up that storage space.

RE: Unpaid Interns: Toronto Students Scrub Hotel Toilets For Nothing, published Oct. 15

A Vancouver luxury hotel placed an ad seeking unpaid interns to bus tables last month, igniting public outcry. Now, several interns have complained they aren't gaining necessary experience performing menial jobs.

Her internship had nothing to do with her hopes and dreams to work in the hotel and hospitality industry.

When she one day applies for a career job, and puts down her experience as "I am great at changing sheets, cleaning toilets and disposing of used condoms," will that help?

What happened to her and many other interns is not right and it is not fair. The only hope she and many

have is to suck it up and hope to make some kind of contact that can help them in the future.

But with four interns per year (one every three months), over two year period (assumed length of the program she is studying) how many interns is she now competing with?

And all are relying on the same contact or several contacts at the same place.

Let's say she is going to medical school and wants to be a surgeon, her internship would be equivalent to sitting at a receptionist desk and doing patient data entry. Calling patients, following up on surgeries, booking appointments, etc. After four years, you may be the best data entry clerk, but you can definitely not perform a surgery. At least I wouldn't let you touch me.

MrTENz posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: edmontonletters@metronews.ca

ZOOM

Artist toys with Chinese politician



Pixelated piece made of soldiers

At first glance, this picture looks like a pixelated portrait of Chinese Chairman Mao Zedong, but on closer inspection of Workers of the world, Unite!, by artist Joe Black, the image reveals thousands of hand-painted toy soldiers. Black refers to the juxtaposition of the singular and the collective as "Up close and far away." METRO



Mao's face is in pieces. OIL SCARFF/GETTY IMAGES

hand-painted soldiers were used to create the portrait of Mao Zedong. The cost is \$80.000 and the size is 240 by 180



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No more teardrops on her guitar, this girl has made it

Taylor Swift. On the heels of a record-setting sixth songwriter-artist of the year award, star says her next album is taking a 'different turn'

Songwriting is the topic of the moment for Taylor Swift. The 23-year-old pop star was honoured for a record sixth time as songwriter-artist of the year by the Nashville Songwriters Association International, surpassing guys like Vince Gill and Alan Jackson. She earned the award with 14 hits in the top 30 over the last year, a tribute to the popularity of her fourth album, Red.

As Swift accepts the award, she's six months deep in the songwriting process for her next album. "I think the goal for the next album is to continue to change, and never change in the same way twice," the seven-time Grammy winner said. "How do I write these figurative diary entries in ways that I've never written them before and to a sonic backdrop that I've never explored before? It's my fifth album, which is crazy to think about, but I think what I'm noticing about it so far is it's definitely taking a different turn than anything I've done before."

Swift sat down for an interview after the ribbon-cutting on the new \$4-million US Taylor Swift Education Center at the Country Music Hall of Fame and Museum in her adopted hometown of Nashville.

Next month you leave on a stadium tour of Australia, making you the first female solo performer to tour that country since Madonna 20 years ago. Madonna was the top pop star in the world at the time. Do you see yourself as that kind of pop star?

I would never see myself that way. I see myself as kind of this girl who writes songs in her bedroom. You can kind of dress it up all you want and you can put together an amazing theatrical production; you can become a better performer as time goes by, and you can try to excite people, but I'm always going to be a girl who writes songs in her bedroom in my own personal perception of myself.

You said recently you've been working on songs for the new album for about six months. What can you tell us about what you have planned?

It's too early to tell who are going to be my predominant collaborators, but I do know that my absolute dream collaborators were Shellback and Max Martin on the last project.

Taylor Swift appears at the premiere of Romeo and Junet in Los Angeles on Sept. 24. Swift has just been named songwriter-artist of the year by the Nashville Songwriters Association International for a record-setting six times. She's also up for enter tainer of the year at the CMAs on Nov. 6. If she wins, she'd be the first woman with three such titles. THE ASSOCIATED PRESS FILE

I've never been so challenged as a songwriter. I've never learned so much. I've never just been so excited to show up to the studio every day, just because you never know what we're going to put together.

I'll bring in ideas and they'll take such a different turn than where I thought they were going to go, and that level of unexpected spontaneity is something that really thrills me in the process of making

music. ... "What if we did this? What if we made it weirder? What if we took it darker?" I love people who have endless strange and exciting ideas about where music can go. THE ASSOCIATED PRESS







metronews.ca Wednesday, October 16, 2013

Paul McCartney. Catchy, fun and not that New



For his 16th solo record, and first original material in six years, Paul McCartney turned to a team of four hot producers to come up with something, ahem, New.

The result is both fresh and comfortably familiar. McCartney, a master of the catchy three-minute pop song, isn't reinventing himself here as the title may suggest. Rather, he's once again compiling an enjoyable 45 minutes or so of toe-tapping pop songs that are sure to please his longtime fans while doing little to break much truly new ground.

Just try listening to On My Way to Work or Queenie Eye without bobbing your head along to the beat. Really, love him or hate him, few can pump out these types of ditties



McCartney.

Still, he's no Bob Dylan.

There are flirtations with material with some gravitas here, but it's just that — a flirtation. McCartney may toy with addressing in song whatever demons he may have, but he certainly doesn't linger.

That said, the mere fact that McCartney is able to come up with something that isn't a simple retread of his past successes must be considered a success—especially when that would be the easy way out, and one that he's taken many times over his storied career.

Much of the credit for the success of New goes to McCartney's four producers — especially Paul Epworth (Adele) and Mark Ronson (Amy Winehouse). The other two, Giles Martin and Ethan Johns, are the sons of famous Beatles producers George Martin and Glyn Johns. While the multiproducer approach could have resulted in a hot mess, the

end result is surprisingly cohesive, modern-sounding and, most of all, fun to listen to. **THE**

ASSOCIATED PRESS

Golden Globes bring back the golden pair

Awards season. Tina Fey and Amy Poehler sign on for two more years of hosting the show after receiving critical acclaim

The duo of Tina Fey and Amy Poehler proved such a success at hosting the Golden Globes in January that they've been signed up for the same job for the next two years.

NBC, the Hollywood Foreign Press Association and producers of the Golden Globes announced the unsual two-year commitment on Tuesday. Next year's Golden Globes will be held in Beverly Hills, Calif., on Jan. 12.

Allen Shapiro, CEO of Dick Clark Productions, said the former Saturday Night Live chums have "a truly unique chemistry, making them one of the most talented and captivating pairings of all time."

They were bathed in critical love for their performance this year, with The Associated Press critic Frazier Moore

North America's sweetheart

"(They have) a truly unique chemistry, making them one of the most talented and captivating pairings of all time."

CEO of Dick Clark Productions talking about Tina Fey and Amy Poehler



calling them "the night's biggest winners."

They got laughs without being polarizing, as was the case with predecessor Ricky Gervais. Poehler even poked fun during the show at the Hollywood debate over whether Gervais was too hard-edged in mocking Hollywood stars.

"We want to assure you that we have no intention of being edgy or offensive tonight," said Poehler, star of the NBC sitcom Parks and Recreation. "Because, as Ricky learned the hard way, when you run afoul of the Hollywood Foreign Press, they make you host this show two more times!"

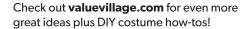
Fey, whose NBC comedy 30 Rock ended this year, and Poehler were both nominated for best actress in a comedy or musical but lost to Lena Dunham, star of HBO's Girls.

More important than critical support, Fey and Poehler were good for business. The Golden Globes had their best ratings in six years for the most recent presentation, and were up 17 per cent over the 2012 show.

THE ASSOCIATED PRESS

















Career at a standstill?

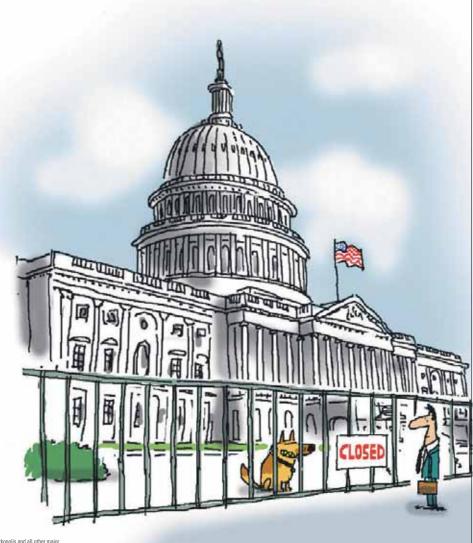
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metr

20 SCENE

metronews.ca
Wednesday, October 16, 2013

Hell has no fury like a woman scorned

Horror film. Soak in the wrath of the newest Carrie as the young woman lashes out at the society who tortured her



IN FOCUS Richard Crouse scene@metronews.c

This weekend actress Chloë Grace Moretz will recreate one of the most famous sequences from 1970s cinema.

Years after the release of the 1976 Brian De Palmadirected Carrie, the movie's impact was summed up by Esquire, who wrote, "Like any top-tier, truly unforgettable scene in cinema (it's) so wellknown that you don't even have to see it to know it."

The image of the teenaged Carrie (Sissy Spacek), the victim of a cruel practical joke, dressed in her best prom queen outfit, wide eyed

as pig's blood covers her, dripping from the fake jewels on her tiara, has been referenced in everything from the sitcom Roseanne — daughter Darlene says the only way she would go to the prom is if she was the one sitting in the rafters with a bucket of pig's blood — to the X-Files, Mystery Science Theater 3000, Scream, Gilmore Girls and even Veronica Mars.

The gore soaked scene also provided the inspiration for a sequel called The Rage: Carrie 2. In this unintentionally funny B-movie Rachel (Emily Bergl) is another high-schooler with the ability to make objects fly and explode with her mind.

"Do not attempt to sit through this movie without a hefty supply of psychopharmaceutical drugs," warned one critic.

Marginally better was Carrie, a 2002 television film meant to serve as a pilot for a proposed series. But that involved making some sweeping changes to the plot, including having Carrie survive the high school carnage and final run-in with her unstable mother. Bad reviews and poor ratings doomed this to the DVD delete bins. From the screen to the stage, Carrie provided the source material for an ill-conceived 1988 Broadway musical and several spoofs, including Scarrie! The Musical and Carrie's Facts of Life, a mash-up of Stephen King's story and the sitcom The Facts of Life.

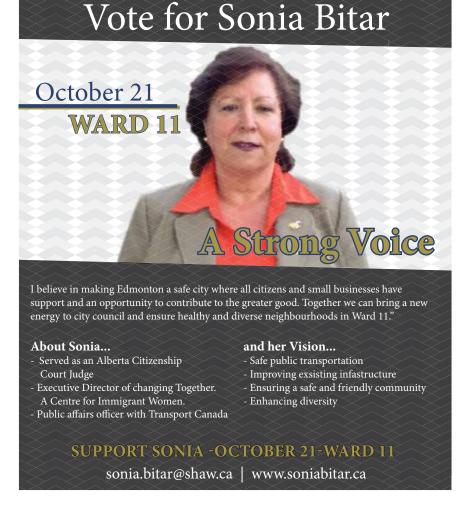
All singing, all dancing versions of Carrie's humiliation aside, the original film remains a horror touchstone, but don't expect the new remake to be a carbon copy.

"The script is totally different from the (original)," Moretz told ET Online. "It's more like the book. It's a more Black Swan version — i messes with your mind."

One thing is for sure. There will be blood — pig's blood.

Judy Greer, who plays Miss Desjardin in the new film, says the prom scene is "amazeballs," adding, "It's really totally jarring and creepy but also, in a strange way, gorgeous."







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Wednesday, October 16, 2013

DISH
21

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Moving on

Seems Miley is sweet on the Rolling Stone heir

It looks like Miley Cyrus has gotten over her broken engagement to Liam Hemsworth pretty quickly, as the Wrecking Ball singer is reportedly smitten with Rolling Stone magazine heir Theo Wenner, according to Radar Online.

"She's definitely dating him," a source says. "Miley talks about how hot Theo is and how nice he's been to her. She's definitely completely in lust with him." Cyrus even reportedly made time for Wenner while launching her new album, Bangerz, in New York last week.

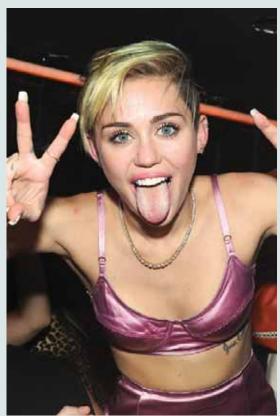
"He didn't come to the release party, but she snuck out at one point and went and met him at the Plaza," the source says. "She said she's never met anyone as sweet as Theo."

Taking a Wrecking Ball to the English language

Meanwhile, Cyrus is getting more public criticism from other parts of the music industry, with indie rocker Sufjan Stevens the latest to write Cyrus an open letter — only Stevens takes issue with her atrocious grammar.

"One particular line (in '#GetItRight') causes concern: 'I been laying in this bed all night long," he writes on his Tumblr account. "Miley, technically speaking, you've been LYING, not LAYING, an irregular verb form that should only be used when there's an object."

For his part, Paul Mc-Cartney thinks everyone's making a big fuss about nothing when it comes to Cyrus' infamous MTV VMAs performance. "You look at it and you say, 'What's everyone shouting about?' I think it was only mildly shocking. It wasn't explicit at all," the former Beatle tells Sky News.



Forget the tuna, get Kate some OJ

As pregnant Kate Winslet eases into her third trimester, she admits her cravings aren't living up to the stories she hears about other pregnancies.

"At the moment, I seem to be wanting orange juice a lot," she tells Us Weekly. "I don't know quite why that is, but it's not so weird. I wish I could tell you I had some weird craving. I wish I could be like that woman on the advert who loves tuna fish and banana, but I'm not like that at all."

Meanwhile, Winslet insists she's totally fine doing press for her next film, Labor Day, with her due date approaching. "Just don't let me sneeze," she warns, "because I might wet myself at the same time."





He's an actor, but don't tell Charlie Hunnam to be someone he's not

While Charlie Hunnam may have cited his hectic TV schedule as the reason he dropped out of Fifty Shades of Grey, sources tell E! News that the spotlight had a lot more to do with it.

"More than anything he hates attention, and being in Fifty Shades of Grey would force him to do lots of media," a source says. "Plus, he hates conforming and

being told what to do. This role would force him to have to be something he is not." Now it turns out his former co-star, Dakota Johnson, may be having doubts about the high-profile film as well. "Dakota is having a very hard time dealing with all the press. When she first got the role, it was way too much for her," another source says. "It's been tough."





Why Gwyneth should beware Vanity Fair

Gwyneth Paltrow should probably be bracing herself for a blockbuster take-down piece on her that Vanity Fair is planning to publish.

"We started a story on her. We have a very good writer and it'll run," the magazine's editor-in-chief, Graydon Carter, tells the Times of London.

In fact, Paltrow apparently helped ensure the piece will go forward when she emailed friends and colleagues pleading with them to not cooperate with the article's author and never work with the magazine again. "She sort of forced my hand," Carter says.

Twitter



@TheRock

My team, entire production & fellow actors..Been a long 6 months. Fight the fatigue & finish strong. 2 days left. #ProudOfU #HERCULESMovie



JohnStamos

Is it my imagination or a lot of movie actors that don't work in movies anymore SPRINTING to television?



@WhitneyCummings

I do not want to make love in this club



@jimmykimmel

why NOT order an edible arrangement for yourself?

TRAVEL metronews.ca Wednesday, October 16, 2013



Where the pretty people are

Miami. From South Beach to Art Deco walking tours, there's something for all



JIM BYERS @jimbyerstravel jimbyerstravel.com

Sleek, chic and sexy. This is a city that's got a lot on the go, and it's consistently one of the top draws for Canadians looking for a place in the sun with a bit of attitude. Whether it's clubbing in a brilliant turquoise Art Deco building in South Beach or doffing your duds at one of the few legal nude beaches in the U.S., this is a town with something for everyone.

Sleeping

The Soho Beach House, a few blocks north of South Beach, is cooler than the other side of the pillow on a winter camping trip in Yellowknife. There's a rooftop bar with perfectly weathered chairs, a sleek restaurant under the trees, a glam pool with striped blue and white cushions and it's right on Miami Beach. The lobby screams

urban cool, and they also get cheeky with Cowshed toiletries that have names like Horny Cow and Knackered Cow. Uptown in Sunny Isles, not far from the shops of Aventura Mall, is Sole on the Ocean, which has a Miami Vice meets Brazil and Russia vibe, thanks to the shoppers who flock here. The bar is modern and glassy and they have a cozy pool and nice cabanas. Rooms go from around \$325 a night at the Soho Beach House in October, while you can grab Sole for \$216 a night and up.

Dining

Just steps from trendy Lincoln Road on Lenox Avenue, Yardbird is a gem for southern food. There's a nice patio, and inside you'll find a warm decor with an open kitchen and chalkboard signs that extol the virtues of bacon. The fried chicken is moist and tender and served on superbly fluffy biscuits with honey and sweet pepper jelly. The kale salad comes with shaved cheddar, apples, onion and "moonshine soaked" raisins. Back up in Sunny Isles, Timo has a wood oven for pizza and does a flavourful fennel and arugula salad with oranges, figs and a pistachio vinai-

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4 to 7 p.m.



Drinking

The Clevelander Hotel is a 1938 Art Deco beauty that spouts loud music more or less all day, with dancing girls gyrating inches from the sidewalk. It's said to be the highest-grossing bar in Florida. At Soho Beach House opt for the Picante de la Casa, with tequila, lime, cilantro and agave, topped

with a red chile pepper for a smoky kick. Yardbird has bourbons you might never see in Canada.

Doina

Take a tour from the Art Deco visitors centre at 10th and Ocean to check out sleek designs and to learn steamy details about the private lives of Hollywood stars.



metronews.ca Wednesday, October 16, 2013 **FOOD**

A few simple substitutions take hummus from Middle East to Italy



What would happen if hummus had been invented in Italy, rather than the Middle

Answer the question with this simple reimagining of the classic chickpea purée.

It's not as discordant as you might think. Many of the same flavour profiles can be found across both Italian and Middle Eastern cuisines.

Which makes sense, given relative geographic proximity. Even the ingredients and technique have common ground.

Italians make generous use of chickpeas and lemons both essential to classic hummus. Though in the case of chickpeas, Italians tend to use them more often in soups and pastas than in spreads.

And when they do make spreads, they often reach for other beans, such as favas. While traditional hummus relies on tahini (ground sesame seeds) to add richness, Italians probably would be more inclined to reach for pine nuts.

So with those substitutions in mind, this delicious Italian-style hummus is topped with diced tomatoes spiked with balsamic vinegar.

- 1. In a food processor, combine the beans, half of the garlic, pine nuts, lemon zest and juice, and 1 tablespoon of the rosemary. Process until chunky smooth.
- 2. With the processor running, drizzle in the olive oil until the hummus reaches a smooth, silky texture. Taste, then season with salt and

- 3. In a bowl, toss together the tomatoes, the remaining 1 teaspoon of rosemary and the remaining garlic. Taste, then season with salt and pepper.
- **4.** Spoon the hummus into a wide, shallow bowl, using the back of the spoon to form a cavity at the centre.
- **5.** Spoon tomatoes into the cavity in the hummus. Drizzle olive oil over the tomatoes and hummus, then sprinkle with a few drops of balsamic vinegar. THE ASSOCIATED PRESS

pepper, and set aside.

• 1 tsp lemon juice • 1/2 oz Cointreau or other orange liqueur

• 1 tsp lime juice

Drink of the Week

Serve your appetizers with this refreshing drink that sparkles thanks to sparkling wine and has a citrusy flavour due to a

combination of lime and

Citrus Bubbly

Sparkling wine, chilled

• Lemon twist, to garnish

In a Champagne flute, gently stir together the lime juice, lemon juice and orange liqueur. Top with

sparkling wine, then garnish with a lemon twist.



- 15-oz can cannellini or other white beans, drained and rinsed
- 6 cloves garlic, minced, divided
- 1/2 cup pine nuts
- Zest and juice of 1 lemon • 1 tbsp plus 1 tsp chopped fresh

rosemary

- 1/3 cup extra-virgin olive oil, plus extra • Salt and ground black pepper
- 1 large tomato, diced Balsamic vinegar
- SOCIATED

Fall for an autumn mix

- 1. Heat the oven to 400 F.
- Dry the chickpeas thoroughly by spreading them on a large plate and patting them dry with kitchen towels. Transfer to a bowl, then toss with 1 tablespoon of the oil, 1 teaspoon of the spice blend, if using, and salt and pepper to taste. Once the chickpeas are evenly coated, transfer them to a baking sheet and spread them in a single layer. Bake on oven's middle rack until golden and crispy, 25 to 35 minutes, shaking the tray to toss after the first 15 minutes. Remove the baking sheet from the oven and transfer the chickpeas to a serving bowl. Reduce the
- **3.** Arrange the pumpkin seeds in a single layer on the sheet pan. Bake on the oven's

middle rack for 10 minutes.

4. After the pumpkin seeds have baked, in a large skillet over medium, heat the remaining tablespoon of oil. Reduce the heat to medium-low, add the pumpkins seeds and cook, stirring, for 7 to 10 minutes. Add the remaining teaspoon of spice blend, if using, and salt and pepper to taste. Continue to cook, stirring, until the pumpkin seeds are golden and crispy, another 3 to 5 minutes.

5. Transfer the seeds to the serving bowl. Add the cranberries and pistachios and toss well.

THE ASSOCIATED PRESS/ SARA MOUL-TON, AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS



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Front Garage Homes from the \$399's Semi-detached Homes from the \$305's





- 15-oz can chickpeas, drained and rinsed
- 2 tbsp olive oil, divided
- 2 tsp spice blend, such as curry powder, garam masala,
- chili powder, divided (optional) . Kosher salt and ground black
- 1 3/4 cups raw pumpkin seeds, cleaned and drained, but not patted dry
- 3/4 cup dried cranberries, dried cherries, raisins, or a mix
- 3/4 cup unsalted raw or roasted pistachios, peanuts, almonds or cashews

metre 24 WORK/EDUCATION metronews.ca Wednesday, October 16, 2013

Got something up your sleeve?

A bold personal brand.

Students and grads speak up on tattoos in the workplace

MEGHAN GREAVES TalentEgg.ca The influx of millennials into the workforce and the potential for age gaps between coworkers can result in mixed opinions on what is considered appropriate office wear.

Gen Y is often viewed as having a more casual approach to office appearance. That's not to say all millennials want to wear

their sweatpants to work. It just means that younger hires are perceived to have open minds when it comes to what is acceptable in the office.

Kim Holt recently graduated from McMaster University and entered the workforce with tattoos

Here's what Holt had to say

about how tattoos can work both ways for your career.

Did you think about the effect your tattoos might have on your career?

I 100 per cent thought about how my tattoos might affect my career before I got them. However, aside from my tattoos, I have always been a creative and eccentric person. I knew from a very young age that when I grew up I was going to be in a field that thrived on creativity and originality.

Has having tattoos ever hindered your career or education?

Yes and no — having tattoos has yet to hinder my education. Many universities these days pride themselves on their acceptance of diversity. My tattoos have yet to impact my career.

Have you had to adjust your clothing at times to avoid a potential employer seeing them or felt stereotyped by an employer for having tattoos?



Does this worker's indelible accessory make you question his professionalism? ISTOCK

Where I currently work, I have never been made to feel like I cannot show my tattoos. However, when I first interviewed for the job I did dress appropriately and professionally. I think that no matter what kind of job you are interviewing for (whether you are allowed to show your tattoos or not), dressing formal is simply a sign of respect. It shows the potential employer that this is

something you thought about, you have come prepared, and you took yourself out of your everyday life and into the world of employment. I have interviewed for many casual and formal attire jobs and I never let the day-to-day attire influence my interview wear.

If you could give one piece of advice to job seekers who are considering getting tattoos, what would it be?

Tattoos are a small part of a big picture. We can't predict the future but if an individual thinks that a tattoo is going to make them happy, then do it. Who is to say what we will regret in the future and what we won't? The only person who can control your happiness is yourself, and every person has their own way of fulfilling their happiness and self-expression and for me one of those ways just happens to be tattoos.

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GRADUATES.







metronews.ca Wednesday, October 16, 2013 WORK/EDUCATION

Are you going to the career fair?

Walking down the aisle of employment.

Tips for individuals on how to approach a mass job hunt

Whether they're held in malls, on campuses or in convention centres, career fairs offer a one-stop shop for job seekers to connect with multiple recruiters under one roof.

Yet with the prospect of meeting dozens of employers, some may be unsure how to tailor their typical approach within a largescale setting.

How can individuals prepare for career fairs and distinguish themselves among a crowded crop of equally eager job-seekers? Here are a few tips.

Determine the motivation for attending

It seems obvious and inherent in the event title: job fairs are for landing jobs, right? Well, not necessarily for everyone — or at least not initially.

Patsy Valenzuela is the supervisor of career and employment development at Mount Royal University in Calgary. The school organizes smaller, program-specific networking events during the year in addition to a campus-wide fair in March for students seeking summer, full-time and graduatelevel employment.

While securing a job may be the ultimate goal, Valenzuela said some people may have other motivations for attending fairs at first, like trying to gather more information about a particular company or their field of interest.

"It could be more of an exploration — you just want to build some contacts, or

"I think if you're a job seeker, it's important to know what is your goal in attending, and what do you want to get out of attending, and then prepare accordingly."

Patsy Valenzuela

Supervisor of career and employment development at Mount Royal University

for some people, you just want to practise some interview skills and meeting people," she said. "That's a really great way to do that because it's a safe environment where you can practise networking and introducing yourself and all of those techniques.

"I think if you're a job seeker, it's important to know what is your goal in attending, and what do you want to get out of attending, and then prepare accord-

Keep your ears open

Busy exhibitor booths can leave individuals idling as they wait to speak with designated representatives. But Valenzuela said the time spent queuing up for a chance to chat can still be put to effective use.

"There's a lot to be said for listening and watching as well. There's a lot of times where there's lineups and you definitely don't want to interrupt, but you might get a lot out of the information coming out of those conversations — information you can use," she said.

"Definitely take notes because the fairs are busy. There's so many people, so many conversations, you might not remember who you spoke to or what information you learned. So it's going to be really important

to take notes and to follow up on some of those pieces of information that you've gathered. And for some of it, it might just be a lead or somebody's name.'

THE CANADIAN PRESS





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26 SPORTS metronews.ca Wednesday, October 16, 2013

Jason LaBarbera falls on a loose puck before it gets across the line age Pens dox

Pens down Oilers to stay perfect at home

NHL. LaBarbera looks sharp, but caught off guard by game-winner as team drops to 1-5-1

Evgeni Malkin stood in the right circle just watching the play unfold in front of him when the puck suddenly materialized on his stick with nary a soul around.

The empty net never had a chance.

The Pittsburgh Penguins centre wristed his second goal of the season 7:20 into the third

On Tuesday

2
Penguins Oilers

period to put the Penguins in front for good in a 3-2 win over Edmonton on Tuesday night.

"Tough angle, great shot by Geno," Pittsburgh star Sidney Crosby said. "He's been getting chances, it's always nice to see them go in." Something that seems to be happening a lot for the Penguins, who remained unbeaten and largely unchallenged at home. Crosby assisted on all three Pittsburgh goals to vault him into the NHL scoring lead, two of the assists going to linemates Chris Kunitz and Pascal Durnis

Marc-Andre Fleury stopped 20 shots to improve to 5-0, including a handful of spectacular saves to fend off the Oilers, who twice rallied to tie the game.

"He's making all the right saves at the right time," Kunitz said Ales Hemsky and Jordan Eberle scored for Edmonton. Jason LaBarbera made 25 saves but was nowhere to be found on the game-winner.

The Penguins were on the power play when Crosby fed defenceman Paul Martin at the point. Martin wound up for a one-timer but instead dribbled a knuckler that slowly rolled right to Malkin. LaBarbera wasn't sure what happened until Malkin was celebrating.

"I didn't know what happened," LaBarbera said. "I look over and the puck is on his stick and I was kind of in no man's land." THE CANADIAN PRESS

Sean Edwards

British racer killed in training crash

Sean Edwards, a promising British driver, died Tuesday in a crash during training. He was 26.

Edwards, the Supercup Championship leader, was in the passenger seat as an instructor for a private training session at Queensland Raceway at Willowbank, outside Brisbane, Australia, Porsche Motorsport said.

A 20-year-old local driver was behind the wheel when the car crashed into a tire wall and caught fire.

THE ASSOCIATED PRESS

Soccer

Balotelli tweets could force ban

Mario Balotelli's latest tweets could cause a socialmedia ban for team Italy at next year's World Cup.

Balotelli took issue with an Italian article that said he would be the face of Italy's battle against the Camorra when the Azzurri trained on Monday with a club that was stripped of organized-crime ties.

A tweet from Balotelli said, "That's what you say! I'm coming because football is great and everyone should play it where they want to and then there's the match!!!!"

THE ASSOCIATED PRESS



Canadiens' Price holds Jets scoreless at home



Canadiens goalie Carey Price
THE CANADIAN PRESS

Carey Price made 35 saves as the Montreal Canadiens extended their winning streak to three games with a 3-0 victory over the Winnipeg Jets on Tuesday.

It was Price's first shutout of the season and 20th of his career. Ondrej Pavelec faced 25 shots for the Jets (3-4-0).

Brandon Prust, P.K. Subban and Daniel Briere, with an empty-netter on the power play, scored for Montreal (4-2-0), which ended a fourgame road trip and returns home for five straight.

It was the third of a sixgame homestand for the Jets, the longest of their season. They host St. Louis on Friday.

With a number of fans wearing Habs jerseys in the stands at MTS Centre, the visitors quickly opened the scoring.

A Briere shot off the boards led to Prust's goal, as the puck bounced to him at the corner of the net and he poked it in behind Pavelec to make it 1-0 at 2:06.

It took the Jets just under seven minutes to get their first shot on goal, a span that included their own power play, as the Habs kept most of the action in Winnipeg's end.

Winnipeg killed off a penalty, but about a minute later Subban blasted a one-timer past Pavelec at 11:28, his eighth point in six games. The shots on goal at that point were 7-1 for Montreal.

The Jets finally turned it on during another power play, boosting their shots on goal to close Montreal's advantage to 10-8 at the end of the first period.

THE CANADIAN PRESS

Around the league

- Maple Leafs 4, Wild 1.
 Toronto scored four goals on 14 shots and goalie James Reimer frustrated Minnesota by making 37 saves.
- Canucks 3, Flyers 2.
 Ryan Kesler scored the second of his two goals with 2:25 remaining in Vancouver's road win against Philadelphia.



The Cardinals' Pete Kozma makes the tag as the Dodgers' Nick Punto is picked off second during the seventh inning of Game 4 of the National League championship series Tuesday in Los Angeles. CHRIS CARLSON/THE ASSOCIATED PRESS

Cardinals get bats booming to take series stranglehold

NLCS. Cards' Holliday homers in 3rd after 22 straight hitless at-bats at Dodger stadium

Matt Holliday and pinch-hitter Shane Robinson connected for the first home runs of the NL championship series, and the St. Louis Cardinals beat the Los Angeles Dodgers 4-2 Tuesday night to take a 3-1 lead in their best-of-seven playoff.

In a series starved for offence, the Cardinals scored as many runs as they did in the first three games combined, when the teams totalled nine

Game 5 is Wednesday afternoon at Dodger Stadium, with the Cardinals one win from



the World Series. Zack Greinke is set to start for Los Angeles against Joe Kelly.

Of course, St. Louis had a 3-1 lead in last year's NLCS before dropping three straight to San Francisco, the eventual World Series champion.

It was a painful defeat for the Dodgers - in more ways than one. Star shortstop Hanley Ramirez, playing with a broken left rib, left in the middle of the sixth after striking out three times.

"It got worse as we went along," manager Don Mattingly said.

St. Louis third baseman David Freese came out after six innings. He left Monday's game with a cramp in his right calf.

Hitless in his previous 22 at-bats at Dodger Stadium, Holliday sent a two-run shot off Ricky Nolasco an estimated 426 feet to left field, capping a three-run third that gave the Cardinals a 3-0 lead.

Seeking a second title in three years, St. Louis turned three important double plays and picked off a runner at second base in the seventh. Defensive standout Pete Kozma, inserted at shortstop in the sixth, started a difficult double play and darted in to complete the pickoff. THE ASSOCIATED PRESS

ALCS

Red Sox hurlers lights-out against Tigers sluggers

John Lackey edged Justin Verlander in the latest duel of these pitching-rich playoffs, and Boston's bullpen shut down Detroit's big boppers with the game on the line to lift the Red Sox over the Tigers 1-0 Tuesday for a 2-1

lead in the AL championship series.

Mike Napoli homered off Verlander in the seventh inning, and Detroit's best chance to rally fell short in the eighth when Miguel Cabrera and Prince Fielder struck out with runners at the corners.

Despite three straight gems by their starters, the Tigers suddenly trail in a best-of-seven series they seemed to have complete

control of only two days ago. Game 4 is Wednesday night in Detroit, with Jake Peavy scheduled to start for the Red Sox against Doug Fister.

Lackey allowed four hits in 6 2/3 innings, striking out eight in a game that was delayed 17 minutes in the second inning because lights on the stadium towers went

Koji Uehara pitched 1 1/3 innings for the save.

THE ASSOCIATED PRESS

NHL

ATLANTIC DIVISION

EASTERN CONFERENCE

	GP	W	L	OL	GF	GA	P
Toronto	7	6	1	0	27	16	1
Detroit	7	5	2	0	18	16	1
Montreal	6	4	2	0	20	10	
Tampa Bay	6	4	2	0	23	15	
Boston	5	3	2	0	12	8	
Ottawa	5	1	2	2	11	16	
Florida	7	2	5	0	16	28	
Buffalo	8	1	6	1	11	21	

METROPOLITAN DIVISION

Pittsburgh	6	5	1	0	23	15	1
Carolina	7	2	2	3	15	21	
N.Y. Islanders	6	2	2	2	19	17	
Columbus	5	2	3	0	12	12	
Washington	6	2	4	0	17	22	
New Jersey	6	0	3	3	11	21	
N.Y. Rangers	5	1	4	0	9	25	
Philadelphia	7	1	6	0	10	20	

Tuesday's results

Buffalo 4 N.Y. Islanders 3 (SO) Chicago 3 Carolina 2 (SO) Colorado 3 Dallas 2 Detroit 2 Columbus 1 Montreal 3 Winnipeg 0 Nashville 4 Florida 3 Pittsburgh 3 Edmonton 2 San Jose 6 St. Louis 2 Tampa Bay 5 Los Angeles 1

WESTERN CONFERENCE

CENTRAL DIV	'ISIC	N					
	GP	W	L	0L	GF	GΑ	Pt
Colorado	6	6	0	0	21	6	12
Chicago	6	4	1	1	18	15	9
St. Louis	5	4	1	0	21	13	8
Minnesota	7	3	2	2	17	17	8
Nashville	6	3	3	0	13	18	6
Winnipeg	7	3	4	0	17	19	6

Dallas	5	2	3	0	11	14	4
PACIFIC DIVIS	ION						
San Jose	6	6	0	0	30	9	12
Anaheim	5	4	1	0	18	12	8
Calgary	5	3	0	2	18	17	8
Phoenix	6	4	2	0	17	17	8
Vancouver	7	4	3	0	20	22	8
Los Angeles	7	4	3	0	17	19	8
Edmonton	7	1	5	1	21	32	3
Note: Two point	s aw	arde	d fo	or a	win,	one	

point for an overtime/shootout loss. Toronto 4 Minnesota 1

Vancouver 3 Philadelphia 2 Ottawa at Phoenix

Monday's results Detroit 3 Boston 2 Minnesota 2 Buffalo 1 Washington 4 Edmonton 2

Wednesday's games — All Times Eastern N.Y. Rangers at Washington, 8 p.m. Calgary at Anaheim, 10 p.m.

MLS

EASTERN CONFERENCE

vv			UF	UA	ru
15	9	8	50	39	5
15	10	7	44	29	5
13	10	9	39	37	4
13	11	7	48	46	4
13	12	7	44	47	4
12	10	10	40	40	4
12	11	9	45	36	4
12	15	5	40	42	4
5	16	11	29	46	2
3	22	7	21	56	1
ONE	EDI	ENI/			
	15 15 13 13 13 12 12 12 12	15 9 15 10 13 10 13 11 13 12 12 10 12 11 12 15 5 16 3 22	15 9 8 15 10 7 13 10 9 13 11 7 12 10 10 12 11 9 12 15 5 5 16 11 3 22 7	15 9 8 50 15 10 7 44 13 10 9 39 13 11 7 48 13 12 7 44 12 10 10 40 12 11 9 45 12 15 5 40 5 16 11 29	15 9 8 50 39 15 10 7 44 29 13 10 9 39 37 13 11 7 48 46 13 12 7 44 47 12 10 10 40 40 12 11 9 45 36 12 15 5 0 42 5 16 11 29 46 3 22 7 21 56

WESTERN CONFERENCE

	W	L	Т	GF	GΑ	Pts
Portland	13	5	14	49	33	53
Real Salt Lake	15	10	7	55	40	52
Seattle	15	11	6	41	39	51
Los Angeles	14	11	6	51	37	48

9 42 33 Colorado 13 10 13 11 8 33 41 47 12 11 9 48 42 45 San Jose 10 11 11 45 50 41 Dallas Chivas USA 6 18 8 29 60 26

x — clinched playoff berth.

Wednesday's game — All Times Eastern Montreal at Los Angeles, 10:30 p.m. Friday's game

D.C. at Kansas City, 8 p.m. Saturday's games Philadelphia at Montreal, 2 p.m.

Seattle at Dallas, 2:30 p.m. Vancouver at Colorado, 6 p.m. Columbus at New England, 7:30 p.m Toronto at Chicago, 8:30 p.m. Real Salt Lake at Portland, 10:30 p.m.

CFL

WEEK 17

GP W L T PF PA	-
x-Toronto 15 9 6 0 425 394	1
x-Hamilton 15 8 7 0 384 401	1
Montreal 15 6 9 0 376 419	1
Winnipeg 15 3 12 0 313 486	

WEST							
x-Calgary	15	12	3	0	486	349	2
x-Saskatchewan	15	10	5	0	433	325	2
x-B.C.	15	9	6	0	421	390	1
Edmonton	15	3	12	0	349	423	

κ — clinched playoff berth.

Friday's game — All Times Eastern Calgary at Edmonton, 9 p.m. Saturday's games

Toronto at Winnipeg, 3:30 p.m. B.C. at Saskatchewan, 7 p.m. Sunday's game Hamilton at Montreal, 1 p.m.

MLB PLAYOFFS

LEAGUE CHAMPIONSHIPS

(Best-of-7)

AMERICAN LEAGUE BOSTON (1) VS. DETROIT (3)

(Boston leads series 2-1)

Tuesday's result

Boston 1 Detroit 0

Wednesday's game - All Times Eastern Boston (Peavy 12-5) at Detroit (Fister 14-9), 8:07 p.m.

Thursday's game

Boston (Lester 15-8) at Detroit (Sanchez 14-8), 8:07 p.m

NATIONAL LEAGUE

ST. LOUIS (1) VS. L.A. DODGERS (3)

(St. Louis leads series 3-1) Tuesday's result St. Louis 4 L.A. Dodgers 23

Monday's result

Wednesday's game — All Times Eastern St. Louis (Kelly 10-5) at L.A. Dodgers

(Greinke 15-4), 4:07 p.m.

Friday's game x-L.A. Dodgers (Kershaw 16-9) at St. Louis (Wacha 4-1), 8:37 p.m. x - played only if necessary.





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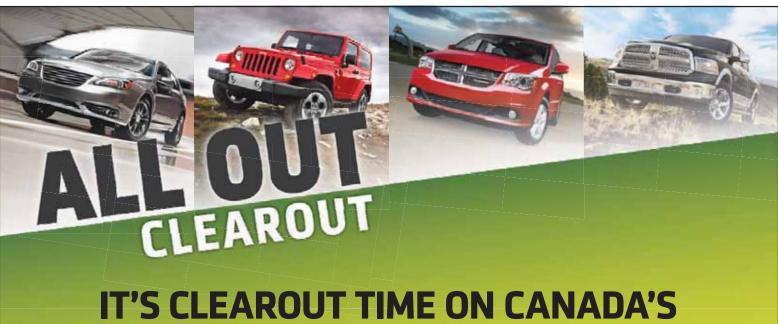
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Hwy:

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metronews.ca Wednesday, October 16, 2013

DRIVE
29

The 2014 Ford Tremor



Review. Sandwiched between the long-gone SVT Lightning and the offroad SVT Raptor, the new Tremor may be the best of both worlds

MALCOLM GUNN

wheelbasemedia.com

Move over SVT Raptor because the Ford Tremor sport truck wants a piece of the action.

But instead of muscling its way into the specialty truck category, the more modestly powered and sized pickup aims to win friends with onroad street smarts — and not just off-road ability — as well as livable fuel efficiency.

Pickup trucks are as much about style and image as passenger cars. In fact the convergence of the two automotive genres over the past few decades has been quite remarkable. Originally little more than a bench seat and a box, the once humble pickup can now be found clothed in fancy sheetmetal, gussied up in the finest of interior trim and accessories and revved up with enough horsepower to plant you in your seat.

Ford's F-150-based Raptor that's now entering its fourth year of production has been a surprise hit at a time when all other pickup makers — Ford included — have been trying their best to reduce their truck's appetite for fuel. But whereas the Raptor's image is as a dune-bashing desert

rat, the Tremor takes a different approach. It's very much a street truck, just like the 2000-2004 SVT Lightning, packaged up with equipment and accessories that collectively give it a unique flavour.

It's also only available as a short-wheelbase, regular-cab model fitted with the shortest available box. The result is not as useful as an extended-cab F-150 or a four-door crew cab, but it makes the Tremor lighter on its feet and in a way that actually seems more purpose-built, just like the short-box, regular-cab Lightning of old.

To give the Tremor its solid-citizen demeanor, Ford opted not to take the V8 route (the Lightning had a supercharged 5.4-litre unit) and instead installed a twinturbocharged 3.5-litre V6 that produces 365 horsepower and 420 pound-feet of torque at 2,500 r.p.m.

Those aren't exactly weak-kneed stats — they're about the same as the Lightning, actually — and they clearly indicate that the "EcoBoost" V6 will give a good accounting of itself from a standing start, especially with the 4.10:1 rear-axle gear. The powertrain can be optioned with an electronic locking rear differential that reduces wheel slippage, especially when accelerating from a dead stop.

The Tremor also dominates the much larger and heavier SVT Raptor's 16.5/11.0 fuel economy.

Also looking good is the Tremor's interior, where Ford has tossed out the regular

2014 Ford Tremor

•Type. Four-door, rear-/fourwheel-drive full-size pickup

•Engines (hp). 3.5-litre DOHC V6, turbocharged (365)

•Transmissions. Six-speed automatic

•Base price (incl. destination) \$45,000

Fuel Economy

The rear-wheel-drive Tremor should deliver in the neighbourhood of 13 1/100 km city and 9.3 1/100 km highway. Those unofficial estimates will suffer a bit with optional four-wheel-drive and will likely take a real beating in the hands of buyers who actually drive the Tremor the way it's intended.

Design

The Tremor's distinguishing exterior features begin with an appearance package that includes a blackedout grille insert, darkened headlight and taillight covers, chromed exhaust tip and black 20-inch wheels with Pirelli Scorpion tires.

cab's standard cloth-covered bench seat and installed twin buckets covered in tasteful leather with faux suede inserts and contrasting piping. In addition, there's an industrial-looking floor shifter integrated with a generously sized console.

Included as standard is MyFordTouch communications and infotainment system (run by a touchscreen).

With a guesstimated starting price in the mid-\$40,000 range, including destination charges (about \$15,000 shy of the SVT Raptor), the well-equipped Tremor is a pretty appealing vehicle that just might catch on with pickup buyers looking for some show and go, as opposed to owning a straight-up work truck.

Compare



Chevrolet Silverado Base price: \$27,200



Ram 1500 Base price: \$28,700



Toyota Tundra Base price: \$28,400



metronews.ca Wednesday, October 16, 2013 metr⊕ **DRIVE**

Healthy used TSX is a confident buy

Second gear.

2009-2012 Acura TSX

JUSTIN PRITCHARD

With four or six-cylinder power, manual or automatic transmissions and numerous option packages available, Acura expanded the TSX model lineup to ensure there was a model just right for

virtually any budget.
All variants of this
Japanese luxury sports sedan were front-wheel drive, packed room for four adults (five in a pinch) and came with Acura's promise of safety, reliable performance, high resale value and owner satisfaction.

Look for Bluetooth connectivity, premium audio system options, xenon lights, automatic climate control, heated leather and navigation when you compare the used TSX to its competitors in the market. These include the Cadillac CTS, BMW 3-Series and Audi A4



Commonissues

Shoppers are advised to check the condition of the brakes on the TSX they're considering, as owners have reported premature brake wear somewhat frequently. A loud clunking noise when coming to a stop, or when just taking off, could be the result of an issue with the TSX's front-end, possibly relating to a ball-joint or strut assembly. If in doubt, have a mechanic get the TSX you're considering in the air for a check of the suspension. Electronics checks should include the remote key fobs, the trunk release, all interior illumination, and the

memory seating function. Be sure to check that both headlights are functional, as a burned-out xenon bulb can be relatively pricey to replace. Though somewhat rare and dependent on driver skill and habits, there is some discussion of clutch failure at low miles within the TSX owner's community. Ensure the clutch, if equipped, isn't slipping or worn out on the model you're considering. Driving at highway speed, "feel" the TSX for signs of vibration from the front of the car, possibly through the steering wheel. If you note any, an out-of-balance driveshaft might be the culprit.

What owners like

Owners report feeling safe, and most rate the performance, even with the four-cylinder engine, positively. The feature-todollar ratio, say TSX owners online, is also favourable.

What owners dislike

Common gripes include boring styling, lack of available AWD, and some drivers wish for higher performance for the up-level audio system.

Engine

were motivated by a 2.4 litre VTEC four-banger with a smidgen over 200

horsepower. This engine came with automatic or six-speed manual transmissions. The TSX V6 got a 3.5 litre V6 engine with 280 horsepower and an automatic transmission only.

Standard models

The verdict

The TSX seems affected mainly by issues that'll be easy to diagnose and "feel" on a test-drive, and seems pleasantly free of major driveline and suspension-related problems. If the brakes, clutch and electronics on the model you're considering check out, the TSX is a model that can be bought with relative confidence where fuel mileage, sporty handling and an upscale driving experience are priorities.







Hyundai's futuristic safety double act

Autopilot. Automaker has paired the clever duo of Heads Up Display and Blind Spot Detection with excellent result for their flagship model the Equus



ΔΙΙΤΩ PILOT

So many new features and functions are being baked into modern vehicles today that sometimes even really remarkable ones get overlooked or lost in the shuffle.

Especially if they're really tiny - the kind you could metaphorically sit on by mistake. As such, I would like to draw your attention to something small but big on Hyundai's flagship, the Equus. The big sedan was updated for 2014 and received a slew of new technologies and features. Among them were Blind-Spot Detection and a Heads-Ûp Display (HUD).

Now, both these features are cool enough, but certainly not NASA-like. What's unique and exciting is that Equus is the first vehicle ever to combine the two. It's like Bert and Ernie: Separately, they're funny, but together they can blow your comedy mind.

For those not familiar with Heads Up Display, it is a technology first developed for military aircraft. Information is projected right onto the windshield, so pilots could keep their "head up" and look forward, and not down and around, to where all the

gauges are located. The HUD data is small and transparent, so you can see through it. It doesn't affect forward vision.

The need to keep "heads up" is not as crucial in automobiles, but putting stuff like vehicle speed and navigation directions in a HUD is wildly convenient. But Blind Spot Warnings in the HUD is a completely other thing — it really changes the way you drive in traffic. You never have to turn your head! You're always looking down the road and when vehicles come in and out of your rear-flank blinds spots, you get a polite, little visual notice in the HUD.

I found this really reduced the stress of having to deal with other vehicles on the highway. I only attempted lane changes when I knew it was "all clear" and I never time looking craning for gaps that never existed. And when I changed lanes, I changed with confidence. I always confirmed with shoulder checks, but no one was there when I did. It's a simple, brilliant, little piece of technology.

The only caveat is that it frees up part of the driving brain. This should be useful, but most times you just start having Seinfeld moments, and wonder about stuff that doesn't really help mankind, like why is breakfast sausage typically thinner than regular sausage?

I'm sure we'll see this technology trickle down to vehicles costing less than the \$72,229 Equus Ultimate. It's always happened before, with other useful technologies. Witness cigarette lighters, cruise, heated seats, air bags,



But keep your eye on the Google Glass. It could be the wild card in the vehicle HUD story, as it seems bent on becoming the HUD of choice for











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espresso machine that fits into your vehicle's cupholder and plugs into any 12-volt receptacle, such as a lighter socket. The \$200 US machine accepts most E.S.E (Easy Serving Espresso) coffee pods and brews up the contents in about two minutes (the Handpresso beeps three times once the process is completed). You can get all the details regarding this unique device and available accessories at handpresso.com, but your best bet for North American orders is to check out nextag.com.

Who's the grime boss?

Working under the hood can be a messy chore at best and requires a strong cleaner for degunking your hands. Grime Boss Heavy Duty Hand Cleaning Wipes are claimed to rid your digits of oily grease, paint, sticky adhesives, odours and just about anything else you might come into contact with. On one side, each wipe contains aloe and vitamin E for wiping and moisturizing your face, while the slightly

more abrasive side is specifically designed for scrubbing hands. As the manufacturer states, "This ain't no baby wipe." Grime Boss prices range from \$20 US for a 10pack of 60 wipes each (other package quantities are available) and can be purchased directly from grimeboss.com.



Make mine leather

You don't want to drop just old set of floor mats into your expensive vehicle or classic car. Not when



there's a wide assortment of genuine leather mats available from Inpelle Auto Accessories. The company makes seat coverings for BMW, Porsche and Audi and now offers custom-fitted floor mats for a variety of other makes. The leather used has been given a special waterproof finish that is claimed to resist all sorts of dirt and grime. They also fit just like original-equipment mats so they won't slip and slide. And with four colours and two different styles to choose from, you should be able to find something you like. Each set of front and rear mats sells for about US \$290 and can be ordered from inpelleautoaccessories.com.

The first Indy winter

On May 30, 1911, a 29-year-old race driver/ engineer nicknamed "The Little Professor" came out of retirement for one last event, which happened to be the very first running of the Indianapolis 500. Ray Harroun won that event in a time of six hours, 42 minutes and eight seconds at an average speed approaching 120 km-h. The winning car, a black and yellow pointy-tailed Marmon Wasp, is currently on display at the Indianapolis Motor Speedway Hall of Fame. The original Wasp is priceless, but anyone can order an exact 1:18-scale (about eight-inches long) fiberglass replica of Harroun's racer for US \$230 from Replicarz of Rutland, Vermont. Obtain complete information and ordering details at replicarz.com.



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Breakdown or crash? Here's what to do

Driving force. Keep calm, remove your car from the road if possible and wait for the police or tow truck to arrive

MCINTOSH

It's every motorist's worst nightmare: your car breaks down while you're driving, or you're involved in a col-

You're stopped, but other traffic isn't, and now you have to worry not just about your vehicle, but also your safety around other ones.

"Try to pull your car off to the side of the road as quickly as you can, and as safely as possible," says Silvana Aceto, media consultant for CAA South Central Ontario. "It's a stressful situation, but don't panic, and try to stay calm.

In a breakdown, turn on your four-way flashers to warn other drivers, even if you're able to get off the road.

Note exactly where you are so you can call and direct a tow truck to your location, using such clues as the intersection, highway exits or kilometre markers, or landmarks such as shopping plazas or restaurants.

Whether it's safer to remain inside or outside your car will depend on

"Try to pull your car off to the side of the road as quickly as you can, and as safely as possible."

Silvana Aceto, media consultant for CAA South Central Ontario.

but if you choose to get out, watch for oncoming vehicles, especially at night

Don't stand directly be-

hind or in front of your

vehicle, in case someone

way, as vehicles are moving

much faster than they ap-

pear, and you can't properly

anyone is hurt and needs immediate medical assist-

ance. Then, if it's safe to do

so, move the vehicles off

the crash may not see you

Write down or snap a

photo of the other vehicle's license plate; if the driver

takes off, you have a record

of it. In Ontario, collisions that exceed \$1,000 in dam-

age must be reported to the

a notebook and pen in your

glovebox. Make a note of

important details, such as

the time of the crash, the

weather, the position of

It's a good idea to keep

in front of them.

Be very cautious and stay off the road, since "rubber-necking" drivers staring at

In a collision, assess if

Never cross the high-

or in bad weather.

judge the distance.

runs into it.

the road.

police.

were red or green.

Get the other driver's information, including name, driver's license number, insurance details and the names and phone numbers of any witnesses.

Be sure to forward these to your insurance company when you're reporting the

- Go online. CAA has free downloadable checklists, to help with collisions or breakdowns, at caasco.ca.
- Fighting solves nothing. Don't argue with the other driver in a collision. If he or she becomes agitated, sit in your vehicle with the doors locked until the police arrive.
- Maintenance is key. You can help avoid breakdowns by keeping your car well-maintained and by repairing problems promptly.

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No one wants the dreaded tow truck dragging them home.

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See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

Crossword: Canada Across and Down

T Aries March 21 - April 20

Nothing is beyond your capabilities today but you must be clear what you desire. If not, you may scatter your energy while failing to reach the one destination that matters.

Taurus April 21 - May 21

Someone who usually gives you a hard time will be as nice as pie today and you will be a

bit suspicious. They do want to improve your relationship. Meet them halfway.

II Gemini May 22 - June 21

People are different and clashes of opinion are inevitable. It is how you choose to deal with them that counts. Don't try to shout others down. Discuss your differences rationally.

9 Cancer

June 22 - July 23

Listen to and act upon your instincts. If you proceed on the assumption that your inner voice knows best, you won't go wrong. If you listen to "experts", you may go everywhere but where you should.

$\mathbf{\Omega}$ Leo

July 24 - Aug. 23 The more others tell you that something cannot be done, the more you will strive to prove them wrong. You won't even have to strive too hard as everything comes easy to you now.

W Virgo Aug. 24 - Sept. 23

The cure for the blues is action, so throw yourself into something that requires effort and concentration today and you will soon forget your worries — and you'll be in a more positive mood to deal with Friday's eclipse.

📤 Libra Sept. 24 - Oct. 23

34

Venus, your ruler, linked to Uranus, planet of the

unexpected, will bring nice surprises today but don't take anything for granted. Find ways to show you appreciate it.

M Scorpio

Oct. 24 - Nov. 22

Your enemies may be tough but you are tougher and no matter how hard they try to outsmart you over the next 24 hours, they won't succeed. Be gracious and forgiving in victory. It'll annoy them more.

Sagittarius

Nov. 23 - Dec. 21

Someone new will come into your life over the next 24 hours, someone who makes a big impression. Will you fall head over heels in love? Maybe. But even if you don't, it's a friendship made in heaven.

り Capricorn

Dec. 22 - Jan. 20

Today's Venus-Uranus link will perk you up and help you see that even when things seem to be going wrong you are still moving in the right direction. Don't worry about tomorrow.

⋙ Aquarius Jan. 21 - Feb. 19

Push your luck as far as it will go today. You may be surprised how easily others give in to your demands. For best results though, make sure they gain too. There's more than enough good stuff to go around.

) Pisces

Feb. 20 - March 20

Go all out to impress those in positions of power. The more you act as if nothing is too much, the more inclined others will be to shower you with praise. SALLY BROMPTON

Across

(b.1881 - d.1959) 10. Epiphanies

botany 15. "What to do

16. V- sweater

18. Tarnish

20. Burnaby, BC-born

22. Rant

monly

36. Tint-to-hair ap-

37. Howe'er

cupation

Brian

42. Tom Cruise's first

45. Reconvening-of-

48. Calcium-rich

5. Legendary film-

soccer star, Christine

24. The Wind in the Willows amphibious character: 2 wds. 25. Office note, com-

32. __deer 35. Pre-euro moneys

38. Called-one's oc-

39. Rock producer

wife Ms. Rogers, and

44. Pitfall

Parliament delivery: 2 wds.

vegetable

1. Cinch

maker, B. DeMille

14. Apple or pear, in

20

40

45

62

then?"

17. Largest continent

19. Squirrel's nest

26. Sofa

plier

40. Saturate

namesakes

49. Where Georgetown is the capital 53. Failed the test,

56. Ontario/Quebec body of water: 2 wds. 58. Elvis Presley's atbirth middle name

59. oil 61. Theatre award 62. Styx song 63. Ancient inhabitant of the Eternal City

63

18

42

64. Just about 65. Snick-or-66. Distort

67. Pink Floyd's late guitarist Mr. Barrett, and others

Down

1. Muscle cramp 2. Reply to a Drill Sergeant: 2 wds. 3. Make _ (Bring in

64

the big bucks) 4. Bright bird

5. Nova Scotia: Star-shaped military attraction, Halifax

6. Actor Mr. Morales

7. Coconut fibre 8. Roadside stop 9. Pen-to-paper mes-

sages 10. Mobile device operating system 11. Greek Myth:

Olympian queen 12. Performed perfectly

13. Scottish dog breed, Terrier

21. -di-dah 23. Global currency ora.

25. Not-nice person

27. Actor Gary 28. Toronto: International Hotel &

Tower 29. Glaring glancer

30. Ms. Horne

31. Fall 32. __. Helens,

Wash. 33. "Whoops!": 2

wds. 34. Glide

41. Beer brewed in

Creston, BC 42. 'City of Northern Lights' in Saskatch-

ewan 43. Section

44. "O Canada" part that 'in all of us' is

more gender-neutral than, as in recent headlines: 2 wds.

46. Grandmother, to some

47. Pool stick

50. Convent 51. Greek Myth:

Water nymph 52. Tourist attraction

in Australia, __ Rock 53. Talks

54. Port city of Algeria 55. Bride-

56. Mr. Hendrix

57. Ms. Gardner's 60. Down

Yesterday's Crossword

		_		_			_	_	_	_	_	_		
W	1	M	`т	"V			Å	P	v		H	A	1	'n
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How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

3	8	б	2	5	7	4	9	1
5	9	7	4	1	В	8	3	2
4	1	2	8	3	9	7	6	5
2	4	3	5	7	1	9	8	65
1	6	5	3	9	В	2	7	4
8	7	9	8	4	2	5	1	3
9	3	8	1	2	5	6	4	7
6	2	Ť	7	В	4	3	5	9
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TODAY

MAX: 11°

THURSDAY

MAX: 11° MIN: -1°

(🚣

MAX: 7

FRIDAY





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